

Have you ever watched someone's eyes? If you are with someone and suddenly they look past you and their eyes move, you know that they are looking at someone or something that is behind you. How do you know that they are looking somewhere else? By the fact that they are no longer focused on you and what you are doing together. I love the encouragement from the book of Hebrews. We are reminded that the only way that we can live a life that honors Jesus is to make sure that we are focused on HIM.

Hebrews 12:1-3 ...since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. [2] Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. [3] Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart.

Where are my eyes fixed? Where is my focus? If we seek to honor Christ in our lives; if we want to persevere and faithfully follow Him, then Jesus must be our focus. *Consider Him...* consider means to think about, reflect on, or to mull over. What or who are we to consider? We are to reflect on and think about Jesus and the way in which HE lived. We are to seek encouragement, and strength from His example.

Piper- A Godward Life Vol. 1 “Our emotions are governed in large measure by what we ‘consider’ what we dwell on with our minds. For example, Jesus told us to overcome the emotion of anxiety by what we consider: ‘Do not be anxious... Consider the ravens... Consider the lilies...’ (Luke 12 RSV).” p. 229

PRAYER: Lord, help me to look to You and Your example. In every situation which I face today, help me to think about How You would react and to seek Your help in acting in the same way.

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