

Psalm 42:1-3 (NLT)

**As the deer longs for streams of water,
so I long for you, O God. [2] I thirst for
God, the living God. When can I go and
stand before him? [3] Day and night I
have only tears for food, while my
enemies continually taunt me, saying,
“Where is this God of yours?”**

Psalm 42:4 (NLT)

**My heart is breaking as I remember
how it used to be: I walked among the
crowds of worshipers, leading a great
procession to the house of God,
singing for joy and giving thanks amid
the sound of a great celebration!**

Psalm 42:5 (NLT)

**Why am I discouraged? Why is my
heart so sad? I will put my hope in
God! I will praise him again - my Savior
and my God!**

Put Your Hope in God

Psalm 42 and 43

Psalm 42:5 (NIV)

Why are you downcast, O my soul?

Why so disturbed within me?

**Put your hope in God,
for I will yet praise him,
MY SAVIOR and MY GOD.**

Psalm 42:11 (NIV)

Why are you downcast, O my soul?

Why so disturbed within me?

**Put your hope in God,
for I will yet praise him,
MY SAVIOR and MY GOD.**

Psalm 43:5 (NIV)

Why are you downcast, O my soul?

Why so disturbed within me?

**Put your hope in God,
for I will yet praise him,
MY SAVIOR and MY GOD.**

To PURSUE God Because...

- He is **WORTH** Pursuing
- our **VALUE** and **PURPOSE** Truly Come from God
- true Joy and Happiness come only when we are **FULLY SATISFIED** in **Christ**

Hebrews 10:23-25 (NIV)

Let us **hold unswervingly** to the **HOPE** we profess, for **HE who promised is FAITHFUL**. [24] And let us consider how we may **SPUR one another on toward love and good deeds**. [25] Let us NOT give up MEETING together, as some are in the habit of doing, but let us ENCOURAGE one another - and all the more as you see the Day approaching.

WORSHIP is a place for testimony and celebration. It is a time for confession and forgiveness. It is a place where we remember the past, receive power to face the present, and gain HOPE for tomorrow.

Moving **TOWARDS HOPE**

Wiersbe

➤ Stop **LOOKING** at Yourself

Psalm 42:11 (NIV) Why are you downcast, O my soul? Why so disturbed within me? **Put your HOPE in God...**

➤ Stop **LIVING** in the Past

Psalm 42:11 (NIV) Why are you downcast, O my soul? Why so disturbed within me? **Put your HOPE in God...**

Moving **TOWARDS HOPE** Wiersbe

➤ Stop **SEARCHING** for the Reason **WHY?**

Psalm 42:11 (NIV) ...Put your **HOPE in God...**

➤ Trust God's **GOODNESS**

Ps. 136:1 (ESV) Give thanks to the LORD, for **HE is **GOOD**, for his steadfast love endures forever.**

Psalm 42:11 (NIV) ...Put your **HOPE in God, for I will yet praise him, my Savior and my God.**

Moving **TOWARDS HOPE**

Wiersbe

➤ **EXERCISE** (apply) your **WILL**

Psalm 42:11 (NIV) ...Put your hope in God, for I **WILL YET PRAISE HIM**, my Savior and my God.

➤ Trust His **PROMISES**

Psalm 42:11 (NIV) Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, **MY SAVIOR** and **MY GOD.**

Psalm 42:11 (NIV)

Why are you downcast, O my soul?

Why so disturbed within me?

Put your HOPE in God,

for I will yet praise him,

MY SAVIOR and MY GOD.

→ Hope is **WAITING** on God
and **TRUSTING** in God
no matter what comes

Romans 15:13 (NIV)

May the **God** of **HOPE**
fill you
with **ALL JOY** and **PEACE**
AS you **TRUST** in **HIM**,

Romans 15:3

...so that

you may **OVERFLOW** with **HOPE**

BY the **POWER**

of the **Holy Spirit.**

Psalm 43:5 (NIV)

Why are you downcast, O my soul?

Why so disturbed within me?

**Put your HOPE in God,
for I WILL yet praise him,
MY SAVIOR and MY GOD.**