

Psalm 31:12-13 (NLT)

I am ignored as if I were dead, as if I were a broken pot. ¹³ I have heard the many rumors about me, and I am surrounded by terror. My enemies conspire against me, plotting to take my life.

Psalm 31:14-15 (NLT)

But I am trusting you, O LORD, saying,
“You are my God!”¹⁵ My future is in your
hands. Rescue me from those who hunt
me down relentlessly.

Psalm 31:16-17 (NLT)

Let your favor shine on your servant. In your unfailing love, rescue me. ¹⁷ Don't let me be disgraced, O LORD, for I call out to you for help. Let the wicked be disgraced; let them lie silent in the grave.

Sheltered IN God's Presence

Psalm 31:14-24

Deuteronomy 31:6 (NIV)

Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you;

**He will never LEAVE you
nor FORSAKE you.**

Lament encourages us to **talk to God**
about our struggles SO THAT
we can **Reaffirm** our **TRUST** in Him.
Simply stated, **Lament is a prayer**
IN pain that leads to TRUST.

Vroegop

Wicked- those who seek to destroy
the faithful followers of God

Righteous- those who Trust in God,
Believe His Word, and seek to
Obey Him

**→ Our God is PERSONAL and
INFINITE**

**14 But I trust in You, O LORD;
I say, You are MY God**

Hebrews 4:16 (NIV)

Let us then **APPROACH** the throne
of grace with **CONFIDENCE**,
so that we may **RECEIVE mercy**
and find grace to help us
in our time of need.

→ Our LIVES are IN His Hands

¹⁵ My TIMES are in Your hands;
deliver me from my enemies...

¹⁵ The **course of my life** is in **Your power**;
deliver me from the power of my enemies
and from my persecutors. (HCS)

Romans 8:28 (NLT)

And we know that **God causes**
everything to work together
for the **GOOD** of those who **Love God**
and are called according to
His purpose for them.

Philippians 4:12-13 (NLT)

I know how to live **on almost nothing** or **with everything**. I have learned the secret of living in every situation, whether it is with a **full stomach** or **empty**, with **plenty** or **little**.

¹³ For **I can do everything through Christ**, who gives me strength.

The **HAND of God** is **NOT** the place where
we are **immune from life's troubles**;
it IS the **PLACE** where they happen to us;
our **SECURITY** is
not **FROM** trouble but **IN** trouble. NBC

Psalm 119:68 (NLT)

You ARE good and
DO only good; teach me
Your decrees.

Deuteronomy 31:6 (NIV)

Be strong and courageous.

Do not be afraid or terrified because of them, for **the LORD your God** goes with you; **He will never leave you nor forsake you.**

**→ Don't Panic - God is GOOD
ALL the TIME**

**22 In PANIC I cried out, "I am cut off
from the LORD." But You heard
my cry for mercy and answered
my call for help. (NLT)**

Hebrews 11:39 (NLT)

All these people earned a good
reputation **because of their FAITH,**
yet **NONE** of them **received**
ALL that **God** had **PROMISED.**

→ What could be **SAFER** than to
be in God's **PRESENCE**

²⁰ In the **SHELTER** of
Your **PRESENCE** You hide them

20 You hide them in the
PROTECTION
of Your presence...

(HCS)

20 You hide them **WITH YOU**,
where **they** are **SAFE**
from the attacks.

(NET)

God, who **separated** the **light**
from the **darkness**,
is not surprised by **shadows**.

Vroegop

Hebrews 6:19 (NIV)

We have this **HOPE as an anchor**
for the soul, firm and secure...

Christ the sure and steady ANCHOR

while the tempest rages on
when temptation claims the battle
and it seems the night has won

deeper still then goes the anchor
though I justly stand accused
I will hold fast to the **ANCHOR**
it shall never be removed