I Thessalonians 5:16-18 (NIV) Be joyful always; [17] pray continually; [18] give thanks in all circumstances, for this is God's will for you in Christ Jesus.

****From: If You Will Ask: Reflections on the Power of Prayer "The New Testament view of a Christian is that he is one in whom the Son of God has been revealed, and prayer deals with nourishment of that life. It is nourished by refusing to worry over anything, for worry means there is something over which we cannot have our own way, and in reality is personal irritation with God. ...The secret of Christian quietness is not indifference but the knowledge that God is my Father, He loves me, I shall never think of anything He will forget..." (O. Chambers pg 16)

Prayer: Lord help me to remember You never forget anything. Including all the things that may be on my heart at any given moment. Help me to remember that You are in control, that Your Will is perfect. Help me to Thank You for all things and keep on trusting You rather than allowing myself to be crippled by doubts and fears.

Pastor Mark Kieft