Colossians 3:15-17 Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. [16] Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God. [17] And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

Life Application Study Bible Notes: "The word *rule* comes from the language of athletics: Paul tells us to let Christ's peace be umpire or referee in our hearts. Our hearts are the center of conflict because there are our feelings and desires which clash - our fears and hopes, distrust and trust, jealousy and love. How can we deal with these constant conflicts and live as God wants? Paul explains that we must decide between conflicting elements by using the rule of peace - which choice will promote peace in our souls and in our churches?"

PRAYER: Oh Lord, God may Your peace rule in My heart. Please help me to be overwhelmed with a sense of thankfulness to You for all you have done and continue to do in my life. May Your Word be the central part of my thinking today. Help me to focus on Your Word and to listen to Your voice.

Pastor Mark Kieft