Ephesians 3:14-19 (NIV) I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge--that you may be filled to the measure of all the fullness of God.

****Life Application Bible Notes: "God's love is total, says Paul. It reaches every corner of our experience. It is *wide* - it covers the breadth of our own experience, and it reaches out to the whole world. God's love is *long* - it continues the length of our lives. It is *high* - it rises to the heights of our celebration and elation. His love is *deep* - it reaches to the depths of discouragement, despair, and even death. When you feel shut out or isolated, remember that you can never be lost to God's love."

PRAYER: Do not let us o God "...drift numb and blind and foolish into vain and empty excitements. Life is too short, too precious, too painful to waste on worldly bubbles that burst. Heaven is too great, hell is too horrible, eternity is too long that we should putter around on the porch of eternity. O God, open our eyes to the vastness of the sufferings of Christ what they mean for sin and holiness and hope and heaven." (Seeing and Savoring Jesus Christ - J. Piper pg. 72)