

Philippians 4:8-9 (NLT)

...one more thing as I close this letter. Fix your thoughts on what is true and honorable and right. Think about things that are pure and lovely and admirable. Think about things that are excellent and worthy of praise. [9] Keep putting into practice all you learned from me and heard from me and saw me doing, and the God of peace will be with you.

Piper- A Godward Life Vol. 1 “The MIND is the window of the heart. If we let our minds constantly dwell on the dark, the heart will feel dark. If we open the window of our mind to the light, the heart will feel the light.” (p. 229)

What do I think about? What kinds of things fill my Mind? Paul told the Philippian church that they should **FIX** or **Focus** their thoughts on those things which are honorable, right, lovely, admirable, excellent, and worthy of praise. **WOW**. Can we do that? We can if we ask God to help us to focus our thoughts, and hearts on Him. If we try to do it in our own strength we are doomed to failure.

PRAYER: Lord God, focus my heart and thoughts on You today. May I seek to Honor You first in my thoughts, then my words, and finally in my deeds.

Pastor Mark Kieft

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