**Psalms 139:13-14** (NIV) For you created my inmost being; you knit me together in my mother's womb. [14] I praise you because <u>I am fearfully and wonderfully made</u>; your works are wonderful, I know that full well.

**Psalms 139:14** (NLT)Thank you for making me so wonderfully complex!...

\*\*\*\*God is the creator and He takes personal interest forming each one of us according to His perfect plan. God is the one who formed us by intricately weaving every part of our being just the way He wanted. There should always be a sense of awe as we think of how we were made and how our bodies react to things like disease or vaccines. On the one had we are tough and durable on the other we are never more than one heartbeat or breath away from death. Clarke suggests that God has done this to show us our own frailty, and feel the necessity of depending completely and totally on God.

**PRAYER:** Lord, God thank You for making me just the way I am with all my frailties and flaws. Please Lord, when I feel weak and vulnerable help me to seek out Your strength and power so that I can continue to serve and honor You.