Psalms 30:10-12 *Hear me, LORD, and have mercy on me. Help me, O LORD." You have turned my mourning into joyful dancing. You have taken away my clothes of mourning and clothed me with joy, that I might sing praises to you and not be silent. O LORD my God, I will give you thanks forever! (NLT)*

Psalms 119:114 *You're my place of quiet retreat; I wait for your Word to renew me. (MSG)*

****How is it that the Lord can turn Mourning and sorrow into dancing and joy? Perhaps it is because He sees the entire picture not just the things which are directly in front of us. When we go through difficult and trying times we are quick to put on the "clothes of mourning" either in our attitude or actions. Perhaps we should simply remember GOD and who He is and what He has already done. If we would retreat to HIM with our hurt and sorrow and wait on Him for renewing then we can more quickly put to one side the "clothes of mourning" and begin "joyful dancing".

PRAYER: Lord, help me to depend more and more on You through the daily difficulties that I face. Help me retreat to You and to Your Word and to wait for refreshing, and renewal to come from You.

Pastor Mark Kieft
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