**Psalms 40:1-3** (NIV) I <u>WAITED patiently for the LORD</u>; he turned to me and heard my cry. [2] He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. [3] He put a new song in my mouth, a hymn of praise to our God. Many will see and fear and put their trust in the LORD.

\*\*\*\*Life Application Bible Notes: "Waiting for God to help us is not easy, but David received four benefits from waiting: God (1) lifted him out of his despair, (2) set his feet on a rock, (3) gave him a firm place to stand, and (4) put a new song of praise in his mouth. Often blessings cannot be received unless we go through the trial of waiting." So the attitude while we WAIT is critical. Will we wait PATIENTLY? May we learn to say Lord, God I'm not good at this waiting thing but I do trust You and I know Your timing is perfect. With your help Lord, I will wait expectantly, quietly, and patiently.

**PRAYER:** O Lord, please help me to look on WAITING as a wonderful opportunity to draw close to You. Help me to see it as a time to focus my desires and dreams by Your standards and values, not this worlds. Please Lord help me to wait Patiently for Your timing and Your direction.