WHO CAN I COUNT ON? ~ Psalm 121:1-8

WHERE DOES MY HELP COME FROM? ~ Psalm 121:1-2

[1] I lift up my eyes to the hills--where does my help come from? [2] My help comes from the LORD, the Maker of heaven and earth.

GOD GUIDES, PROTECTS, & STRENGTHENS ME ~ Psalm 121:3-8

[3] He will not let your foot slip-- he who <u>watches</u> over you will not slumber; [4] indeed, he who <u>watches</u> over Israel will neither slumber nor sleep. [5] The LORD <u>watches</u> over you-- the LORD is your shade at your right hand; [6] the sun will not harm you by day, nor the moon by night. [7] The LORD will <u>keep</u> you from all harm -- he will <u>watch over</u> your life; [8] the LORD will <u>watch over</u> your coming and going both now and forevermore.

APPLICATION

→ Who Will Help Guide Me So I Can Find The Way? He will not let your foot slip vs.3

Psalm 119:105 Your word is a lamp to my feet and a light for my path.

Psalm 119:105 By your words I can see where I'm going; they throw a beam of light on my dark path. (MSG)

→ Who Will Help Me If I'm In Trouble? he who watches over you will not slumber vs.3

Isaiah 30:15-16 This is what the Sovereign LORD, the Holy One of Israel, says: **"In repentance and rest is your salvation, in quietness and trust is your strength**, but you would have none of it. [16] You said, 'No, we will flee on horses.' Therefore you will flee! You said, 'We will ride off on swift horses.' Therefore your pursuers will be swift!

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→ Who Will Help Strengthen Me On The Journey? the LORD will watch over your coming & going vs.8

Isaiah 41:10-13 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. [11] "All who rage against you will surely be ashamed and disgraced; those who oppose you will be as nothing and perish. ...[13] For I am the LORD, your God, who takes hold of your right hand and says to you, Do not fear; I will help you.

SO WHAT ?? (What do we take Home from this?)

How Can We Prepare for Worship?

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Turn Your Eyes Upon Jesus

O soul, are you weary and troubled? No light in the darkness you see? There's a light for a look at the Savior, And life more abundant and free!

Turn your eyes upon Jesus, Look full in His wonderful face, And the things of earth will grow strangely dim, In the light of His glory and grace.

Through death into life everlasting He passed, and we follow Him there; Over us sin no more hath dominion -For more than conquerors we are!

His Word shall not fail you - He promised; Believe Him, and all will be well: Then go to a world that is dying, His perfect salvation to tell.