Never FORGET His Blessings ~ Psalm 103:1-22

→ Read Scripture Psalm 103:10-18

INTRODUCTION

When upon life's billows you are tempest tossed, When you are discouraged thinking all is lost, Count your many blessings name them one by one, And it will surprise you what the Lord has done.

Remember God's GOODNESS ~ Psalm 103:1-5

¹ Praise the LORD, O my soul; all my inmost being, praise his holy name. ² Praise the LORD, O my soul, and forget not all his benefits--

PRAISE means to say good things about the Lord in Admiration, Gratitude, and Wonder. Piper

² Praise the LORD, O my soul, and forget not all his benefits-- ³ who forgives all your sins and heals all your diseases, ⁴ who redeems your life from the pit and crowns you with love and compassion, ⁵ who satisfies your desires with good things so that your youth is renewed like the eagle's.

Because God is GOOD He...

- FORGIVES our sins
- heals our DISEASES
- > REDEEMS our lives
- pours out His LOVE and COMPASSION on us
- satisfies our DESIRES
- gives us STRENGTH

APPLICATION

Psalms 34:8 (NIV) TASTE and SEE that **the LORD is GOOD**; blessed is the man who takes refuge in him.

1 Peter 2:2-3 (NLT) Like newborn babies, you must CRAVE pure spiritual milk so that you will GROW into a FULL EXPERIENCE of salvation. Cry out for this nourishment, ³ now that you have had a TASTE of the Lord's KINDNESS.

Remember God's GRACE ~ Psalm 103:6-18

⁶ The LORD works righteousness and justice for all the oppressed. ⁷ He made known his ways to Moses, his deeds to the people of Israel: ⁸ The LORD is compassionate and gracious, slow to anger, abounding in love. ⁹ He will not always accuse, nor will He harbor His anger forever; ¹⁰ He does not treat us as our sins deserve or repay us according to our iniquities.

APPLICATION

¹¹ For as high as the heavens are above the earth, so great is His love for those who fear Him; ¹² as far as the east is from the west, so far has He removed our transgressions from us.

Isaiah 53:4-6 (NIV) Surely He took up our infirmities and carried our sorrows, yet we considered Him stricken by God, smitten by Him, and afflicted. ⁵ But He was <u>pierced for our transgressions</u>, He was <u>crushed for our iniquities</u>; the PUNISHMENT THAT BROUGHT US PEACE <u>was upon Him</u>, and by His wounds we are healed. ⁶ We all, like sheep, have gone astray, each of us has turned to his own way; and the **LORD has laid on Him the iniquity of us all**. ... ¹⁰ Yet it was **the LORD's will** to CRUSH Him and cause Him to suffer...

God's Riches At Christ's Expense

Remember God IS SOVEREIGN ~ Psalm 103:19-22

TAKE AWAY ??

¹¹ For as high as the heavens are above the earth, so great is His love for those who fear him; ¹² as far as the east is from the west, so far has He removed our transgressions from us.

¹³ As a father has compassion on his children, so the LORD has compassion on those who fear him; ¹⁴ for he knows how we are formed, he remembers that we are dust. ¹⁵ As for man, his days are like grass, he flourishes like a flower of the field; ¹⁶ the wind blows over it and it is gone, and its place remembers it no more.

¹⁷ But from everlasting to everlasting the LORD's love is with those who fear Him, and His righteousness with their children's children-- ¹⁸ with those who keep His covenant and remember to obey His precepts.

¹⁹ The LORD has established his throne in heaven, and his kingdom rules over all. ²⁰ Praise the LORD, you his angels, you mighty ones who do his bidding, who obey his word. ²¹ Praise the LORD, all his heavenly hosts, you his servants who do his will. ²² Praise the LORD, all his works everywhere in his dominion. Praise the LORD, O my soul.