

## **Philippians 4:10 (JBP)**

<sup>10</sup> It has been a great joy to me that after all this time you have shown such interest in my welfare. I don't mean that you had forgotten me, but up till now you had no opportunity of expressing your concern.

## **Philippians 4:11 (JBP)**

<sup>11</sup> Nor do I mean that I have been in actual need, for I have learned to be content, whatever the circumstances may be.

## **Philippians 4:12 (JBP)**

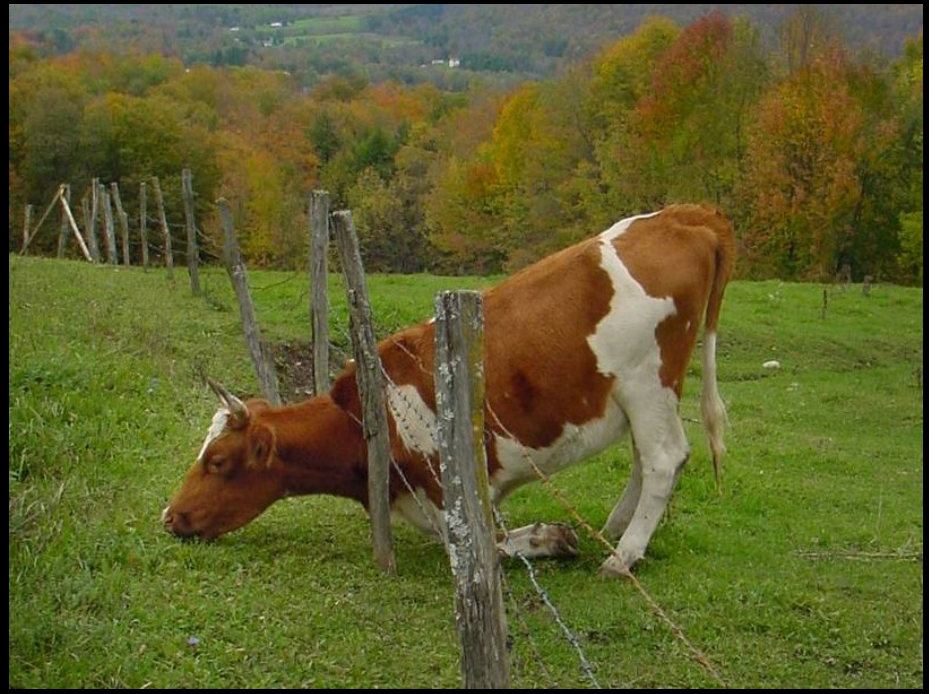
<sup>12</sup> I know now how to live when things are difficult and I know how to live when things are prosperous. In general and in particular I have learned the secret of facing either plenty or poverty.

## **Philippians 4:13 (JBP)**

<sup>13</sup> I am ready for anything through the strength of the one who lives within me.

**I can DO ALL Things??**

**Philippians 4:10-13**



# Contentment Quiz...

- Life is going to be really good when...
- Life would be great if only...
- I know I'd be happier if I had...
- Life was really good back when...

Philippians 4:11-12 (NIV)

<sup>11</sup>...I have **LEARNED** to be **CONTENT**  
whatever the circumstances.

<sup>12</sup>...I have **LEARNED** the **secret of being**  
**CONTENT** in any and every situation...



Philippians 1:7 (NIV)

...for whether **I am IN CHAINS** or  
defending and confirming the gospel...

Philippians 1:12-13 (NIV)

...what has happened to me has really served to  
ADVANCE the gospel. <sup>13</sup> As a result, it has  
become clear throughout the whole palace  
guard and to everyone else that I am  
**IN CHAINS** for Christ

Philippians 1:14 (NIV)

<sup>14</sup> Because of **my CHAINS**,  
most of the brothers in the Lord have been  
encouraged to speak the word of God more  
courageously and fearlessly.

Philippians 1:15-17 (NIV)

<sup>15</sup> It is true that **some preach Christ**  
out of **ENVY** and **RIVALRY...**

<sup>17</sup> ...out of selfish ambition, not sincerely,  
supposing that they can **stir up trouble for me**  
**while I am IN CHAINS.**

Paul was confident that he was in the will of God. He knew that wherever he was, or in whatever circumstances he found himself, **he was there by Divine Appointment.**

MacDonald

<sup>11</sup> ...for I have **learned to be CONTENT**,  
whatever the circumstances may be. (JBP)

<sup>12</sup> I know how to live on almost **nothing** or with **everything**. I have learned the **SECRET of living in every situation**, whether it is with a **full** stomach or **empty**, with **plenty** or **little**.

(NLT)

<sup>13</sup> I can do **ALL THINGS**  
through **HIM** who strengthens me.

(ESV)



Hebrews 13:5 (HCS)

Your life should be free from the love of money.

**Be SATISFIED** with what you have,

for **He Himself** has said,

**I will NEVER leave you or FORSAKE you.**

→ True Contentment is NOT based on  
our **CIRCUMSTANCES**

<sup>11</sup> ...for I have learned in **WHATEVER**  
**situation** I am to be **CONTENT**. (ESV)

2 Corinthians 4:16-18 (NIV)

<sup>16</sup> ...**we do not lose heart**. Though **outwardly** we are **wasting away**, yet inwardly we are being **renewed day by day**. <sup>17</sup> For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all.

2 Corinthians 4:18 (NIV)

<sup>18</sup> So we **FIX OUR EYES NOT** on what is **seen**,  
but **ON what is UNSEEN.**

For what is **seen** is temporary, but  
**what is unseen is ETERNAL.**

**→ Contentment is NOT Learned  
Quickly or Easily**

<sup>11</sup> ...I have **LEARNED** how to be  
**CONTENT** with whatever I have. (NLT)

**Contentment is LEARNED**  
through exposure to times of **NEED**  
and times of **PLENTY**.

It involves a **regular struggle**  
to **BELIEVE** that **Christ IS ENOUGH**.

→ **Contentment is based on total  
DEPENDENCE on Christ**

<sup>13</sup> I can do **ALL THINGS** through **HIM**  
who **strengthens me.** (ESV)

Christian **CONTENTMENT** is rooted in our  
relationship with Christ.

It flows from our **UNION** and  
**COMMUNION** with our Savior.



Paul is not preoccupied with his situation;  
he is **preoccupied with Jesus.**

This is the secret. When you **focus**  
on **Jesus**, you can be **CONTENT.**

Lamentations 3:25-26 (NLT)

The **LORD** is good to those who **DEPEND**  
on Him, to those who search for Him.

<sup>26</sup> So it is **GOOD** to wait quietly  
for salvation from the **LORD**.



**Discontent** holds today's **joy hostage** with a list of demands of how things **should be**.

RPresson

Psalm 73:25 (NIV)

Whom have I in heaven but **You**?

And earth has **NOTHING**

**I desire besides YOU.**

## **CONTENTMENT...**

- is not based on our **CIRCUMSTANCES**
- is not **COMPLACENCY**
- refuses to **COMPARE**

## **CONTENTMENT...**

- allows for **DISAPPOINTMENT**
- is based on **ACCEPTANCE**
- means being **THANKFUL**