Colossians 2:16–17, 20-23 (NLT)

16 So don't let anyone condemn you for what you eat or drink, or for not celebrating certain holy days or new moon ceremonies or Sabbaths.

<sup>17</sup> For these rules are only shadows of the reality yet to come. And Christ Himself is that reality.

<sup>20</sup> You have died with Christ, and he has set you free from the spiritual powers of this world. So why do you keep on following the rules of the world, such as,

"Don't handle! Don't taste! Don't touch!"?
 Such rules are mere human teachings about things that deteriorate as we use them.

These rules may seem wise because they require strong devotion, pious self-denial, and severe bodily discipline.
 But they provide no help in conquering a person's evil desires.

## Christ is the REALITY

Colossians 2:16-23



## LEGALISM... PTW

- > is JOYLESS
- > demands UNIFORMITY
- > produces **SURFACE** Faith
- results in a **SHALLOW** self-righteousness

18 Let no one condemn you by delighting in ascetic practices and the worship of angels, claiming access to a visionary realm.
 Such people are inflated by empty notions of their unspiritual mind. CSB

True spirituality does not come by compliance with Laws which are only a Shadow but by Connection with the REALITY who is Christ. BKC

<sup>18</sup> Don't let anyone **condemn** you by insisting on **pious self-denial** or the **worship of angels**, saying they have had visions about these things. Their **sinful minds** have made them proud,... (NLT)

and they are **NOT** connected to **Christ**, the **Head** of the **body**. For **He** holds the **whole Body** together with its joints and ligaments, and **IT** grows **AS** God Nourishes **IT**. (NLT)

**Hebrews 12:2-3 (NIV)** 

Let us **fix our eyes on Jesus**, the **author** and **perfecter** of our **faith**, who for the joy set before Him **endured the cross**, scorning its shame, and sat down at the right hand of the throne of God.

<sup>3</sup> Consider Him who endured such opposition from sinful men, SO THAT you will not grow Weary and Lose Heart.

23 These Rules may seem wise because they require strong devotion, pious self-denial, and severe bodily discipline. But they provide NO HELP in conquering a person's evil desires.



Legalism - Rigid Rules and Restrictions
License - I will DO what I choose
GRACE - I choose Obedience

Isaiah 29:13 (NIV)

13 The Lord says: "These people come near to Me with their mouth and honor Me with their lips, but their hearts are FAR from Me.

Their worship of ME is made up only of RULES taught by men.

## Romans 6:1 (NIV) What shall we say, then? Shall we go on sinning SO THAT GRACE may increase?

Shall we sin to our heart's content and see how far we can exploit the GRACE of God? What a ghastly thought! (JBP)

1 Corinthians 6:12, 19-20 (NLT)

12 You say, "I am allowed to do anything" but NOT everything is Good for you.

And even though "I am allowed to do anything," I must NOT become a SLAVE to anything...

19 Don't you realize that your body is the **temple** of the **Holy Spirit**, who lives in you and was given to you by God? You do not **belong** to yourself, <sup>20</sup> for **God bought you** with a **high price**. So you must honor God with your body.

<sup>23</sup> Although these have a reputation for wisdom by promoting self-made religion, false humility, and severe treatment of the body, they are NOT of any VALUE in curbing self-indulgence. (CSV)

23 ...they LACK any VALUE in Restraining Sensual Indulgence. (NIV)